



# ACTS OF KINDNESS SHEET



*Develop good habits that will last a lifetime!*

Write down something you did around the house or at school that demonstrated kindness toward others. Bring this sheet to class when you have 10 lines completed and you will receive a CHARACTER Stripe on your Belt! (Minimum of 10 character stripes are required to belt test)

**Student Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Belt:** \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_



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